

in:season

HARVEST BARS



LUNCH CATERING

HARVEST BAR - \$13.5/PERSON

CHOOSE 2 BASE, 1 VEG, 1 PROTEIN, 1 SAUCE
FINISHED WITH DICED TOMATO, SHREDDED CARROT,
MONTERREY JACK CHEESE, CRUSHED TORTILLA CHIPS

+ADD A VEG - \$1.5/PERSON

+ADD A PROTEIN - \$3/PERSON

+ADD A SAUCE - \$8/BOTTLE

BASE

spicy jollof rice
citrus white rice
baby spinach
wildfire greens

1 WARM VEG

seasonally rotating & cooked from scratch



asparagus
mushrooms
sweet potatoes
zucchini



sweet corn
zucchini
sweet potatoes
mushrooms



delicata squash
charred brussels
sweet potatoes
mushrooms






winter squash
charred brussels
sweet potatoes
mushrooms

1 PROTEIN

herb chicken breast
buffalo chicken breast
teriyaki chicken thigh
achiote chicken thigh

SAUCES

MADE FROM SCRATCH
1 bottle per 10 people

  carrot chili vinaigrette, charred pepper ranch, in season hot sauce,  tomatillo vinaigrette
lemon honey vinaigrette, ginger maple vinaigrette, herb balsamic vinaigrette

BAGGED LUNCH

CHOOSE A SEASONAL SIGNATURE BOWL
COMES WITH A FRESH FRUIT CUP + OUR SIGNATURE
CHOCOLATE CHUNK COOKIE AND BAGGED WITH
UTENSILS AND NAPKINS

\$19/PERSON



\$20/PERSON



SWEET TREATS

CHOCOLATE CHUNK COOKIE \$3
TRIPLE CHOCOLATE BROWNIES \$4
GF CHOCOLATE CHUNK COOKIE \$4

\$25 + 10%



WE DELIVER
& SET-UP!

EMAIL ORDERS & INQUIRIES
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